

## Grades 7-8 foundation programme sample timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
8.00 - 8.30	Homeroom				
8.30-9:10	English Language	English Language	English Language	English Language	English Language
9:10-9:50	English Language	English Language	English Language	English Language	English Language
9:50-10:30	Math	Study Skills	Individuals & Societies	Individuals & Societies	Individuals & Societies
10:30-11:10	Math	Study Skills	Individuals & Societies	Individuals & Societies	Individuals & Societies
11:10-11:40	Break				
11:40-12:20	Guided Reading	English Language	Math	PE	Math
12:20-1:00	Guided Reading	English Language	Math	PE	Math
1:00-1:30	Lunch				
1:30-2:05	DEAR/Literacy	DEAR/Literacy	DEAR/Literacy	DEAR/Literacy	DEAR/Literacy
2:05-2:50	Science	Science	English Language	English Language	Science
2:50-3:25	Science	Science	English Language	English Language	Science