



# 2025/26 CIS ATHLETICS

Welcome to the CIS Huskies programme, where students participate in the ACSIS (Athletic Conference of Singapore International Schools) league. Our students proudly represent CIS as they compete against other international schools in age-based teams across various sports. With a strong emphasis on athletics, we offer three seasons of competitive sports, each focusing on specific age groups and disciplines.

## CIS Athletics runs over 3 seasons each school year

Season	Season dates	Registration dates
Season 1	1 Sep to 8 Nov	14-18 Aug
Season 2	17 Nov to 14 Feb	7-13 Oct
Season 3	2 Mar to 16 May	20-26 Jan

CIS Athletics do not run on public holidays, school holidays, during conferences, or when there are no classes due to professional development. Please refer to the [MyCIS 2025/2026](#) school calendar for key dates.

# Sports on Offer

Season 1 (2 Sep - 8 Nov)	Season 2 (17 Nov - 14 Feb)	Season 3 (2 Mar - 15 May)
11U Basketball (B/G)	11U Football (B/G)	11U Netball (M)
12U Badminton (B/G)	12U Basketball (B/G)	11U Rugby (M)
12U Netball (G)	14U Football (B/G)	11U Touch (M)
12U Rugby (M)	14U Netball (G)	JS Swimming (B/G)
12U Touch (G)	14U Volleyball (B/G)	JS Track & Field (B/G)
14U Badminton (B/G)	MS Track & Field (B/G)	12U Football (B/G)
14U Rugby (B)	MS Swimming (B/G)	12U Volleyball (B/G)
14U Touch (G)	16U Basketball (B/G)	13U Rugby (B)
MS Cross Country (B/G)	16U Rugby (B)	14U Basketball (B/G)
16U Football (B/G)	16U Touch (G)	16U Badminton (B/G)
16U Volleyball (B/G)	19U Basketball (B/G)	16U Netball (G)
19U Football (B/G)	19U Rugby (B)	19U Badminton (B/G)
19U Volleyball (B/G)	19U Touch (G)	19U Netball (G)
HS Cross Country (B/G)	HS Swimming (B/G)	19U Ultimate Frisbee (M)
	HS Track & Field (B/G)	

(B/G) = Boys / Girls

(M) = Mixed Team

Open trials (OT) will apply to this sport prior to the start of the term, players will be selected to join the team.

We're currently exploring Floorball as a new sport offering for CIS students. This pilot will run outside the ACSIS league as we gauge interest and participation. Details on the season of play will be shared once confirmed. Stay tuned for more updates!

All sports are subject to student participation numbers, staff and facility availability.

## Contact Info



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