



COMPETITIVE SPORTS

2022/23

At CIS we are continually striving to provide a nationally competitive sporting program, whilst maintaining a strong focus on academic integrity. Our sporting achievements are a source of pride, enriching our school and community. CIS is part of an International Schools Association through ACSIS (Athletic Conference of Singapore International Schools).

Competitive Sports run over 3 terms each school year

Term	Term dates	Registration dates
Term 1	29 Aug to 11 Nov	16-22 Aug
Term 2	21 Nov to 17 Feb	1-7 Nov
Term 3	27 Feb to 5 May	7-13 Feb

Competitive Sports do not run on public holidays, school holidays, during conferences, or when there are no classes due to professional development. Please refer to the [My.CIS 2022/2023](#) school calendar for key dates.

Sports on Offer

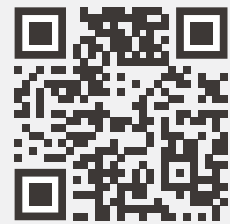
Term 1 (29 Aug - 11 Nov)	Term 2 (21 Nov - 17 Feb)	Term 3 (27 Feb - 5 May)
11U Basketball (B/G) (OT)	11U Badminton (B/G) (OT)	11U Netball (Mixed)
11U Tennis (B/G)	11U Football (B/G)	11U Track & Field (B/G)
JS Cross Country (B/G)	12U Basketball (B/G) (OT)	12U Football (B/G) (OT)
12U Badminton (B/G) (OT)	14U Football (B/G) (OT)	12U Tennis (B/G)
12U Netball (Girls)	14U Netball (Girls)	14U Basketball (B/G) (OT)
12U Rugby (Mixed)	14U Volleyball (B/G)	14U Tennis (B/G)
14U Touch (Girls)	16U Basketball (B/G) (OT)	12U/14U Track & Field (B/G)
14U Badminton (B/G) (OT)	16U Rugby (Boys)	16U Badminton (B/G) (OT)
MS Cross Country (B/G)	16U Touch (Girls)	16U Netball (Girls)
16U Football (B/G) (OT)	19U Basketball (B/G) (OT)	19U Badminton (B/G) (OT)
16U Volleyball (B/G)	19U Tennis (B/G)	19U Netball (Girls)
19U Football (B/G) (OT)		16U/19U Track & Field (B/G)
19U Volleyball (B/G)		
HS Cross Country (B/G)		

(B/G) = Boys / Girls

Open trials (OT) will apply to this sport prior to the start of the term, players will be selected to join the team.

All sports are subject to student participation numbers, staff and facility availability.

Scan this QR code for more general information.



Contact Info



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