

Competitive sports
Lakeside Campus



CIS Canadian
International
School



Activities:
competitive
sports

Competitive sports information.

WHAT SPORTS ARE AVAILABLE AT CIS LAKESIDE, AND WHEN?

Activities: competitive sports

Lakeside campus 2021-2022

Season 1 30 August to 12 November 2021	Season 2 22 November 2021 to 11 February 2022	Season 3 21 February to 6 May 2022
10U/11U Cross Country	10U Football	10U/11U Track & Field
11U Basketball	11U Badminton	11U Netball
11U Tennis	11U Football	12U Rugby
12U Badminton	12U Basketball	12U Football
12U Netball	12U/14U Track & Field	12U/14U Track & Field
12U Rugby	14U Football	14U Basketball
12U Touch	14U Netball	14U Tennis
12U/14U Cross Country	14U Volleyball	16U Badminton
14U Badminton	16U Basketball	16U Netball
14U Rugby	16U Rugby	16U/19U Track & Field
14U Touch	16U Touch	19U Badminton
16U Football	16U/19U Track & Field	19U Netball
16U Volleyball	19U Basketball	Swimming
16/19U Cross Country	19U Rugby	
19U Football	19U Touch	
19U Volleyball	19U Tennis	
Swimming	Swimming	
* Sports competitions are contingent on government regulations and safety measures.		
* Subject to sufficient participation numbers.		

WHAT IS ACSIS?

ACSIS stands for Athletic Conference of Singapore International Schools. ACSIS has 30 international school members, and is a registered society within Singapore.

HOW DO STUDENTS REGISTER FOR A TEAM?

Primary students' parents can register their children through CHQ. Secondary students will register by completing a Google Form. See MyCIS for more details.

WHAT AGE GROUPS ARE MY CHILD(REN) ELIGIBLE FOR?

The ACSIS rule is:

- 8U = on or after 1-June-2013
- 9U = on or after 1-June-2012
- 10U = on or after 1-June-2011
- 11U = on or after 1-June-2010
- 12U = on or after 1-June-2009
- 13U = on or after 1-June-2008
- 14U = on or after 1-June-2007
- 15U = on or after 1-June-2006
- 16U = on or after 1-June-2005
- 17U = on or after 1-June-2004
- 18U = on or after 1-June-2003
- 19U = on or after 1-June-2002

WHAT TIME ARE THE GAMES PLAYED AND WHERE?

Games start between 4:30pm and 5:00pm, and are played either at home (CIS) or away (At another school or venue). Detailed information will be communicated by the team's coach on MyCIS after the game schedule has been confirmed.

DOES CIS PROVIDE TRANSPORT TO AWAY GAMES?

CIS provides transport to and from the game venue free of charge. The team will leave CIS at approximately 3:45pm and return to CIS at the conclusion of the games. Arrival and departure times are dependent on weather, traffic and the location.

WILL CIS PROVIDE A SPORTS UNIFORM?

CIS provides a sports kit for confirmed team members to borrow for the season. In case the kit is not returned at the end of the season, a \$100 replacement fee will apply.

HOW DO PARENTS KNOW IF A GAME IS RESCHEDULED OR CANCELLED?

Sports administrators and coaches will do their best to communicate changes in the schedules, rain delays, rain cancellations or traffic issues. Students and parents can access MyCIS sports team page to stay informed and up to date about schedules.

For all other sports enquiries, please email:



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Find out more and register for Activities in My.CIS