



# Nursery overview 2021-2022.

**It starts with the toddlers**

“Something beautiful is on the horizon.”



## Arrival and pick-up.

The school day officially starts at 8.30am, however, our nursery classrooms open at 8.00am. Parents are welcome to pick up their child anytime between 3.00 and 3.30pm.

*We ask that you be on time to collect your child, as they will be waiting eagerly for you to arrive.*







# Daily timetable.

	Monday	Tuesday	Wednesday	Thursday	Friday
8-8.30	Morning drop off	Morning drop off	Morning drop off	Morning drop off	Morning drop off
8.35-9.15	Outdoor learning	Outdoor learning	Outdoor learning	Outdoor learning	Outdoor learning
9.15-9.45	Wash hands, toilet, diaper changes, snack at 9.30	Wash hands, toilet, diaper changes, snack at 9.30	Wash hands, toilet, diaper changes, snack at 9.30	Wash hands, toilet, diaper changes, snack at 9.30	Wash hands, toilet, diaper changes, snack at 9.30
9.45-11	Classroom inquiry	Classroom inquiry	Classroom inquiry	Classroom inquiry	Classroom inquiry
11-11.30	Gross motor activities	Gross motor activities	Gross motor activities	Gross motor activities	Gross motor activities
11.30-12.15	<b>Lunch time</b> <i>Half day students go home between 12-12.15</i>	<b>Lunch time</b> <i>Half day students go home between 12-12.15</i>	<b>Lunch time</b> <i>Half day students go home between 12-12.15</i>	<b>Lunch time</b> <i>Half day students go home between 12-12.15</i>	<b>Lunch time</b> <i>Half day students go home between 12-12.15</i>
12.15-2.30	Nap time	Nap time	Nap time	Nap time	Nap time
2.35-3.15	<b>Classroom learning time</b> <i>Snack served at 2.35 pm</i>	<b>Classroom learning time</b> <i>Snack served at 2.35 pm</i>	<b>Classroom learning time</b> <i>Snack served at 2.35 pm</i>	<b>Classroom learning time</b> <i>Snack served at 2.35 pm</i>	<b>Classroom learning time</b> <i>Snack served at 2.35 pm</i>

*\*This is a sample timetable only.*



# Parent involvement.

## HERE'S HOW YOU MIGHT WANT TO GET INVOLVED

- Stay with your child each morning until 8.30am, and join us at the end of the day between 3 and 3.30pm.
- Be a parent volunteer, and join us for teacher specified special class events and learning times.

*Note: When you're in the classroom, you're responsible for your child's needs (toileting, behaviour, etc) and the teacher will act as a support to you.*



We work in partnership with you.



# Meals.

Our children are seated at communal tables for lunch (we don't use highchairs). They will be offered lunch, and we encourage kindness and table manners. We'll also encourage children to be independent and responsible, by having them clean their area after eating, and to help wash dishes at the end of the meal.

Please be aware that mealtime can also be a messy time. For these reasons, please plan for several sets of extra uniforms to be left in your child's cubby so they can be changed when necessary.

We ask that you support your child as they learn to self feed, by ensuring adults in your home or child's life (parents, grandparents, helpers, etc) encourage your child to feed him or herself.



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Self-feeding is an exciting developmental experience for young children, and one they really seem to enjoy.





# Toileting.

Being potty trained is not a requirement for nursery children. However, we ask that you provide CIS with the necessary diapers, diaper wipes and extra sets of clothes. Please check your child's bag each day to remove their soiled clothing, and please remember to replace it on the next school day.



## DIAPERS AND TRANSITION TO TOILET USE

Diapers are checked approximately every 2 hours (unless needed sooner) starting from your child's arrival at school. We ask that you help to ensure your child is changed, fed, and ready for school when you both arrive.

Your child's toileting needs are your responsibility while you're at school. If they need a diaper change while you're here, please feel free to change it before you leave.



## LEARNING HOW TO USE THE TOILET

When the time presents itself, we will gladly help your child with toilet learning. Consistency is key, so when your child show signs of readiness we will discuss the strategies you're using at home, so that we can continue them throughout the day (as fitting with our daily routine).

When a child shows signs of toilet readiness, we typically begin by placing them on the toilet with each diaper change. This associates the use of the toilet with urination/bowel movements. We observe and take things from there.

Some children start using the toilet and then regress if put back into diapers or a pull-up, so once your child is staying dry and using the toilet successfully at home, send LOTS of extra clothes and underwear to school. Please support your child's progress by ensuring they wear underpants at home - no more diapers!

With guidance and communication, toilet learning is possible because of the consistency between home and school. Most children do it when they are ready. When your child is ready, and in collaboration with your child's teacher, we ask that you support toilet learning by having your child wear underpants at home (no more diapers!) when we are doing so with him/her in class.



# Nap time.

Children in nursery sleep on mats at nap time. Please ensure your child's special blanket or stuffed animal (if they need it to sleep) is available each day.

The bedding will be sent home each Friday so that it can be washed. Please bring it back to class on Monday.





# Communication.

A **daily report booklet** will give you daily information about your child. This book will include:

- meals eaten
- diaper changes or toileting efforts
- a few notes about your child's day

This book will travel back and forth with your child each day. Please make sure that it is in your child's backpack every morning. Each month, a new booklet will be created for your child.

There are two important communications you must read each week:

- your child's teacher will post updates a few times a week via Seesaw so you can learn what has been happening in class across the course of the week. On Fridays, an update that outlines what you need to know for the week ahead will be posted in My.CIS.
- the Week at a Glance (WAG) newsletter which is delivered by email each Friday. The WAG includes need to know school information, and helps you keep up to date with what else is happening at CIS.





# Outdoor learning.

Outside time is a vital part of our learning. The connection we make with nature and the exploration of our outside environments help your child come to respect, love, and appreciate the earth as they learn and play.



We will be outside every day weather permitting. We will learn to recycle and compost, so please make sure your child has their CIS hat and water bottle and sunblock (already applied) each day. As we love fresh air and sunshine, we will be getting MESSY!



While our nursery children will not be in the swimming pools, they will have time to play with water as part of our sensory learning programme.



Connections with the outside world.



# Sickness.

We will phone you if your child gets sick at school, so please ensure your number on the contact sheet and **My.CIS** is correct and up to date. Please inform your child's teacher if someone other than the parent we called will be collecting your child.

If your child is sick or absent from school, please email your child's teacher and the primary office at [priattendance@cis.edu.sg](mailto:priattendance@cis.edu.sg) as soon as possible so that we know that your child is safely in your care.

Children who are sick **MUST** be fever free, without medication, for 24 hours before coming back to school. Students will have to visit the school nurse before they can re-enter the classroom. These measures are in place to protect the health and well-being of all our children.





## Uniform and other items needed each day.

It is amazing to see how many lovely clothes, water bottles, socks and shoes go into our lost and found each year.

Children in nursery are expected to wear the school uniform every day. Even on days when the uniform might not be required, we ask that you don't send your child to school in their best clothes.

Each day, your child will need to have these items:

- lunch and 2 snacks (if you choose not to order school meals)
- water bottle full of water
- two clean uniform sets (shirts and shorts)
- two sets of underwear
- an extra set of shoes (only applicable for children who are toilet learning and not wearing diapers)
- diapers, wipes and diaper cream
- CIS hat or cap
- nap items (pillow, blanket, soft toy)



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**Please label your child's belongings so they don't wind up in lost and found!**




## Contact us

 +65 6734 8088

 [www.cis.edu.sg/inquire](http://www.cis.edu.sg/inquire)

## Lakeside Campus

 7 Jurong West Street 41  
Singapore 649414

## Tanjong Katong Campus

 371 Tanjong Katong Road  
Singapore 437128

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**CIS** Canadian  
International  
School

