



Nursery overview 2018-2019.

It starts with the toddlers

“Something beautiful is on the horizon.”

Arrival and pick-up.

The school day officially starts at 8.30am, however, our nursery classrooms open at 8.00am. Parents are welcome to pick up their child anytime between 3.00 and 3.30pm.

We ask that you be on time to collect your child, as they will be waiting eagerly for you to arrive.



For more information:
<https://my.cis.edu.sg/homepage/10502>



Daily timetable.

	Monday	Tuesday	Wednesday	Thursday	Friday
8.30-9.20*	Morning discovery	Morning discovery	Morning discovery	Morning discovery	Morning discovery
9.20-10.05	Outdoor learning	Outdoor learning	Outdoor learning	Outdoor learning	Outdoor learning
10.05-10.20	Snack	Snack	Snack	Snack	Snack
10.20-10.35	Gross motor	Gross motor	Sensory play	Gross motor	Gross motor
10.35-11.20	Gross motor room	Provocation/Inquiry	Sensory play	Library	Gross motor room
11.20-12.05	Lunch time	Lunch time	Lunch time	Lunch time	Lunch time
12.05-1.00	Lunch Tidy Up, Toileting, Washing, Setting for Nap	Lunch Tidy Up, Toileting, Washing, Setting for Nap	Lunch Tidy Up, Toileting, Washing, Setting for Nap	Lunch Tidy Up, Toileting, Washing, Setting for Nap	Lunch Tidy Up, Toileting, Washing, Setting for Nap
1.00-1.45	Nap	Nap	Nap	Nap	Nap
1.45-2.30	Nap	Nap	Nap	Nap	Nap
2.30-2.40	Afternoon break	Afternoon break	Afternoon break	Afternoon break	Afternoon break
2.40-3.30	Story time Goodbye	Story time Goodbye	Story time Goodbye	Story time Goodbye	Story time Goodbye

Parent involvement.

HERE'S HOW YOU MIGHT WANT TO GET INVOLVED:

- Stay with your child each morning until 8.30am, and join us at the end of the day between 3 and 3.30pm.
- Be a parent volunteer, and join us for teacher specified special class events and learning times.

Note: When you're in the classroom, you're responsible for your child's needs (toileting, behaviour, etc) and the teacher will act as a support to you.



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We welcome
parent involvement.

Meals.

Our children are seated at communal tables for lunch (we don't use highchairs). They will be offered lunch, and we encourage kindness and table manners. We'll also encourage our children to be independent and responsible, by having them clean their area after eating, and to help wash dishes at the end of the meal.

Please be aware that mealtime can also be a messy time. For these reasons, please plan for several sets of extra uniforms to be left in your child's cubby so they can be changed when necessary.

We ask that you support your child as they learn to self feed, by ensuring adults in your home or child's life (parents, grandparents, helpers, etc) encourage your child to feed him or herself.



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Self-feeding is an exciting developmental experience for young children, and one they really seem to enjoy.



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Toileting.

Being potty trained is not a requirement for nursery children. However, we ask that you provide CIS with the necessary diapers, diaper wipes and extra sets of clothes. Please check your child's bag each day to remove their soiled clothing, and please remember to replace it on the next school day.



DIAPERS AND TRANSITION TO TOILET USE

Diapers are checked approximately every 2 hours (unless needed sooner) starting from your child's time of arrival at school. We ask that you help to ensure your child is changed, fed, and ready for school when you both arrive.

Your child's toileting needs are your responsibility while you're at school. If they need a diaper change while you're here, please feel free to change it before you leave.



LEARNING HOW TO USE THE TOILET

When the time presents itself, we will gladly help your child with toilet learning. Consistency is key, so when your child shows signs of readiness we will discuss the strategies you're using at home, so that we can continue them throughout the day (as fitting with our daily routine).

When a child shows signs of toilet readiness, we typically begin by placing them on the toilet with each diaper change. This associates the use of the toilet with urination / bowel movements. We observe and take things from there.

Some children start using the toilet and then regress if put back into diapers or a pull-up, so once your child is staying dry and using the toilet successfully at home, send LOTS of extra clothes and underwear to school. Please support your child's progress by ensuring they wear underpants at home - no more diapers!

With guidance and communication, toilet learning is possible because of the consistency between home and school. Most children do it when they are ready. When your child is ready, and in collaboration with your child's teacher, we ask that you support toilet learning by having your child wear underpants at home (no more diapers!) when we are doing so with him/her in class.



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Nap time.

Children in nursery sleep on mats at naptime. Please ensure your child's special blanket or stuffed animal (if they need it to sleep) is available each day.

The bedding will be sent home each Friday so that it can be washed. Please bring it back to class on Monday.



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Communication.

Every day, your child will be taking home a **daily report booklet**. This book will include information about your child's day, including:

- meals eaten
- diaper changes or toileting efforts
- a few notes about your child's day

This book will travel back and forth with your child each day. Please make sure that it is in your child's backpack every morning. Each month, a new booklet will be created for your child.

There are two important communications you must read every Friday.

1. Your child's teacher will send you weekly updates via Seesaw. You will learn what has been happening in class across the course of the week, as well as what you need to know for the week ahead. Teachers will also occasionally share resources on the nursery page in My.CIS.

2. The Week at a Glance (WAG) newsletter which is delivered by email each Friday. The WAG includes need to know school information, and helps you keep up to date with what else is happening at school.



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Outdoor learning.

Connections with the outside world

Outside time is a vital part of our learning. The connection we make with nature and the exploration of our outside environments help your child come to respect, love, and appreciate the earth as they learn and play.



We will be outside everyday weather permitting. We will learn to recycle and compost, so please make sure your child has their CIS hat and water bottle and sunblock (already applied) each day. As we love fresh air and sunshine, we will be getting MESSY!



While our nursery children will not be in the swimming pools, they will have time to play with water as part of our sensory learning programme.



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Sickness.

We will phone you if your child gets sick at school, so please ensure the number on the contact sheet is correct and up to date. Please inform your child's teacher if someone other than you (the person called) will be collecting your child.

If your child is sick or absent from school, please email your child's teacher and the primary office at priattendance@cis.edu.sg as soon as possible so that we know that your child is safely in your care.

Children who are sick **MUST** be fever free, without medication, for 24 hours before coming back to school. They also have to visit the school nurse before they can re-enter the classroom. These measures are in place to protect our children.



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Uniform and other items needed each day.

It is amazing to see how many lovely clothes, water bottles, socks and shoes go into our lost and found each year.

Children in nursery are expected to wear the school uniform everyday. Even on days when the uniform might not be required, we ask that you don't send your child to school in their best clothes.

Each day, your child will need to have these items:

- Lunch and 2 snacks (if you choose not to order school meals)
- Water bottle full of water
- Two clean uniform sets (shirts and shorts)
- Two sets of underwear
- An extra set of shoes (only applicable for children who are toilet learning and not wearing diapers)
- Diapers, wipes and diaper cream
- CIS hat or cap
- Nap items (pillow, blanket, soft toy)



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Please label your child's belongings so they don't wind up in lost and found!

Contact us

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CIS Canadian
International
School

